

**NEXT STEPS:
WHAT YOU CAN DO AND SUPPORT AVAILABLE**



Refugee Workers Cultural Association

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Join City & Hackney Health & Social Care Forum (HSCF)
Contact Jackie Brett ☎: 020 7923 1962
✉: hscf@hcv.org.uk

TALK TO OTHER VCS ORGANISATIONS PROVIDING SERVICES TO OLDER PEOPLE

Join HSCF's Older People's Special Interest Group - Next meeting in Monday, 18 October 2pm - 4pm
Contact Jackie Brett ☎: 020 7923 1962
✉: hscf@hcv.org.uk

FIND OUT ABOUT THE TRANSFORMATION OF ADULT SOCIAL CARE IN HACKNEY

Visit <http://hackneytrasc.wordpress.com> and sign up to the newsletter!

NEXT STEPS TO PREPARE FOR PREVENTATIVE SERVICES

In line with the Compact, there will be consultation around the service specifications for preventative services that will be commissioned. This will give the VCS a chance to get involved in drawing up these specifications.

The more solid evidence we can collect now from older people, the more we can influence what goes into the specification.

So, to prepare why not:

- o **Talk to your service users** - Find out what preventative services they want to see in the borough
- o **Get your evaluation systems working** - you will have to prove to funders that your intervention makes a difference. In the current climate it is unlikely that they will commission anything without evidence to back it up. Look on the HSCF website for support - www.hscf.org.uk / Resources page
- o **Talk to other providers and see where and how you can work together** - It is possible that contracts will be tendered in such a way that smaller groups cannot apply for them, we need to retain our diversity of provision so please do think about which organisations you can bid with.
- o **Attend HCVS Getting Ready for Personalisation training** - With free workshops on consortium development, effective partnership working, writing tenders, Contract Negotiation or Prevention Health & wellbeing - How could it affect my business?
Call HCVS on 020 7923 1962 or visit www.hcv.org.uk and click on Free Training on the left menu

NEXT STEPS TO PREPARE FOR PERSONAL BUDGETS

- o **Talk to your service users or your community about what services they would want to buy and**
- o **Look at the skills you will require to run them and**
- o **Work out what it would cost you to provide those services**
- o **Ensure you have user involvement in the running of your organisation**
- o **Attend training, especially on marketing and full cost recovery and user involvement.** HCVS is running free training on marketing and full cost recovery as part of its Getting Ready for Personalisation training
Call HCVS on 020 7923 1962 or visit www.hcv.org.uk and click on Free Training on the left menu

Photography: info@katherinegreen.co.uk

Do you provide services for older people in Hackney?

By the end of 2010, local people who meet Hackney Council's eligibility criteria will be able to choose support services that they want and pay for it using a 'personal budget' from the Council. This is called the transformation of adult social care and will include services for a large number of older people in the borough.

This brings opportunities for the voluntary and community sector or VCS, but in order to help plan your services, it may help to know who your customers are and which services they are currently using.

This briefing is for VCS organisations interested in providing services to older people funded or commissioned by Hackney Council in the future and covers information:

- on older people in Hackney and how this population will grow
- to help you plan to provide services to older people with a personal budget
- to help you plan to provide preventative services to older people.



An Viet Foundation

Guide for voluntary and community sector groups planning to provide services for older people in Hackney

Over the next 10 years, the number of people aged over 65 in Hackney will rise. There will need to be more services to meet their needs.

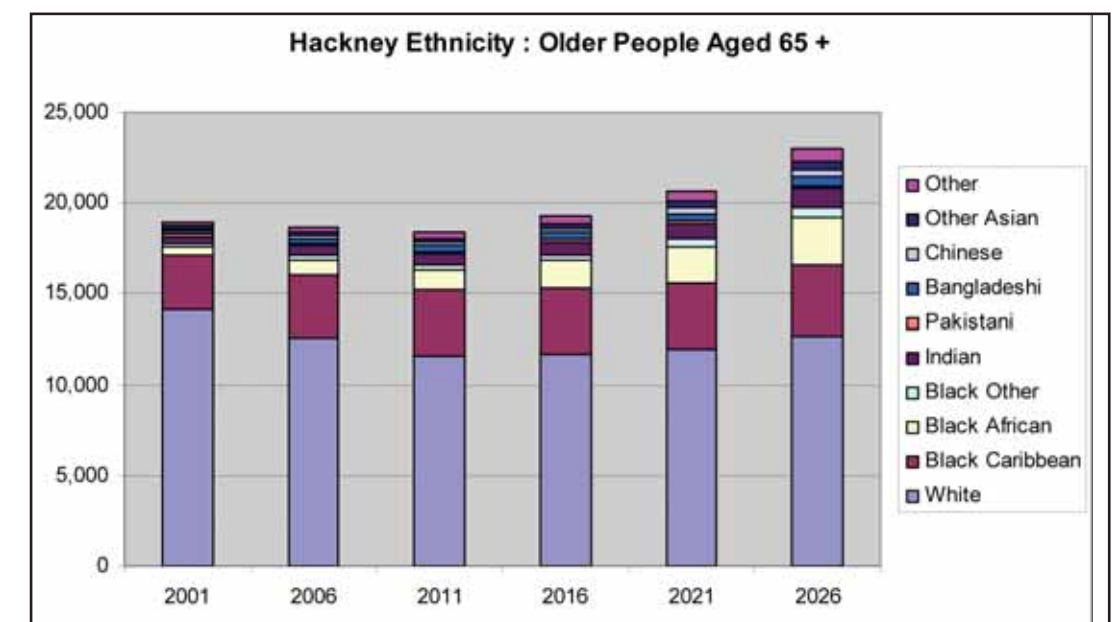
In Hackney, the number of people aged 65plus is forecast to increase by:
- 1% each year between 2012 to 2022
- at around 2% beyond 2022.

Older people aged over 85 will grow by 13% or an extra 300 people.
By 2017, there are forecast to be an additional 940 people aged 65plus or a 5% increase from 2007.

In addition, non-white residents will form an increasingly large proportion of the older people's population in Hackney over the next 15 to 20 years. See the chart opposite.

VCS organisations who provide culturally sensitive services potentially have a large role to play.

Information from Hackney Older People's Consultation Strategy 2007



By **2017**, there are forecast to be an additional **940 people** aged **65plus in Hackney**



Guide to changes to adult social services 2010/11
Black & Ethnic Minority Working Group (BEMWG) and



This has been prepared by the City and Hackney Health and Social Care Forum (HSCF) and Black and Ethnic Minority Working Group (BEMWG) with support from HCVS. These networks of health and social care groups in the voluntary and community sector are part of the Community Empowerment Network hosted by HCVS. Together, they aim to shape local policy and service delivery. HCVS or Hackney Council for Voluntary Service is registered under the Charities Act 1960 No: 1069736 and is a limited company No: 3365292 registered in the UK. Registered office: 84 Springfield House, 5 Tyssen Street London E8 2LY.

Planning to get funding from Hackney Council to deliver services to older people? What you should know and discuss with your Management Committee

Do you want to provide services to older people with a personal budget?

Below you will find information on older people who are entitled to buy their services using a personal budget - useful if your organisation is, or planning to, provide this.

ABOUT YOUR CLIENTS: WHO IS ENTITLED TO A PERSONAL BUDGET?

To get a personal budget, your clients will have been assessed as having critical and substantial needs, this means they meet the following:

The risk is critical - when

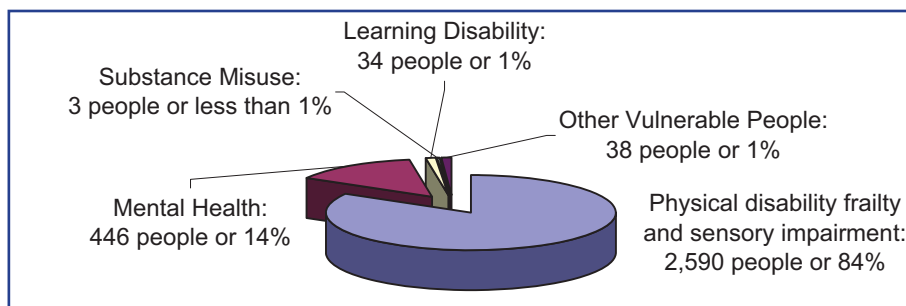
- Life is, or will be, threatened; and/or
- Significant health problems have developed or will develop; and/or
- There is or will be little or no choice or control over vital aspects of the immediate environment; and/or
- Serious abuse or neglect has occurred or will occur; and/or
- There is, or will be, an inability to carry out vital personal care or domestic routines; and/or
- Vital involvement in work, education or learning cannot or will not be sustained; and/or
- Vital social support systems and relationships cannot or will not be sustained; and/or
- Vital family and other social roles and responsibilities cannot or will not be undertaken.

The risk is substantial - when

- There is, or will be, only partial choice or control over the immediate environment; and/or
- Abuse or neglect has occurred or will occur; and/or
- There is, or will be, an inability to carry out the majority of personal care or domestic routines; and/or
- Involvement in many aspects of work, education or learning cannot or will not be sustained; and/or
- The majority of social support systems and relationships cannot or will not be sustained; and/or
- The majority of family and other social roles and responsibilities cannot or will not be undertaken.

Does, or could, your organisation deliver to older people with these needs?

IN 2010, 3,011 OLDER PEOPLE RECEIVED THE FOLLOWING TYPES OF CARE PACKAGES (NOW PERSONAL BUDGETS):



In 2007, older people received a Physical disability, frailty and sensory impairment package. Out of this, it was used for:

- Day Care / Services by 278 people or 1.5%
- Home Care: by 1,232 people or 6.6%.

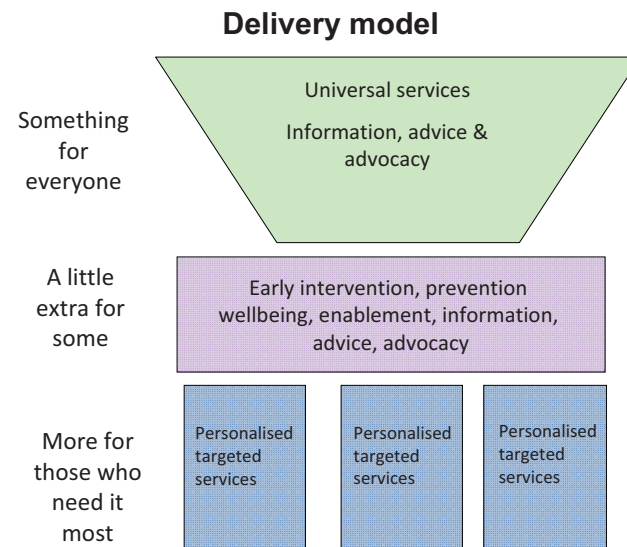
How adults are assessed for and offered social care services

There are three types of services available to adults needing social care. All of which can be, and some already are, delivered by VCS.

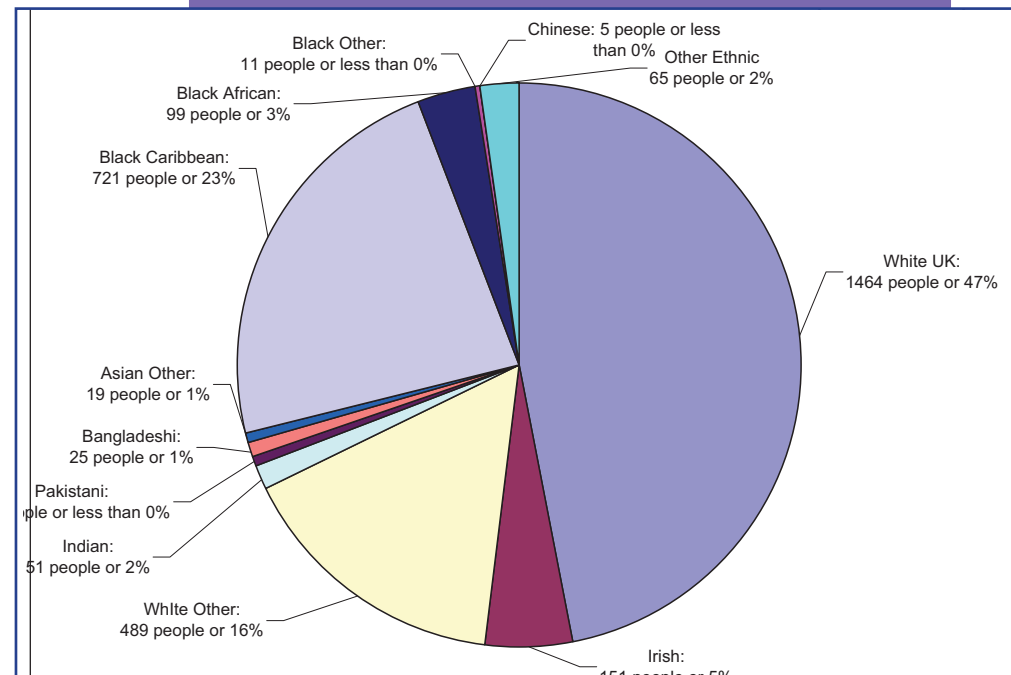
Here you will find information about older people who need:

- **preventative services**
- **Personalised targeted services, where people will be given a personal budget - previously known as care packages.**

Person centred services



2010: ABOUT YOUR CLIENTS: ETHNIC BACKGROUNDS OF PEOPLE WHO CURRENTLY HAVE CARE PACKAGES



PERSONAL BUDGETS: SIZE AND COST

There were 392 new care packages arranged for older people in 2009/10. We are trying to find out the size and costs of personal budgets.

EVIDENCE OF NEED:

The 2007 Older People's strategy identified almost 800 older people who approached Hackney Council's Access Team with a need but who did not meet the eligibility criteria for a care package.

Do you want to provide preventative services to older people?

Below you will find information on preventative services for older people - useful if your organisation is, or planning to, provide this. You can discuss this with your management committee.

OLDER PEOPLE'S PRIORITIES FOR PREVENTION SERVICES

These are some activities a survey of 516 older people said they wanted:

- **Advice and information** - 192 people or 37%
- **Access to community activities** - 185 people or 36% **some requiring transport** 79 people or 15%
- **Befriending** - 114 people or 22% - **plus** 44 people or 9% **who would benefit from Specialist Befriending (eg for mental ill health)**
- **Complementary Therapies** - 110 people or 21%
- **Self Help/Positive Ageing activities** - 99 people or 19% **and Promoting Healthy Lifestyles** - 92 people or 18%
- **Day opportunities** - 86 people or 17%
- **Specialist Exercise** - 85 people or 17%
- **Carers Support** - 75 people or 15%.

COMMISSIONER'S PRIORITIES FOR PREVENTION SERVICES

- **Improving male life expectancy - TOP PRIORITY**
- Improving opportunities for volunteering
- Reducing smoking
- Tackling obesity
- Improving sexual health
- Increasing access to primary care
- Protecting people from influenza
- Improving mental health
- Improving information about, and access to, preventative services to improve older people's lives
- Meeting the needs of people from minority ethnic communities, carers, victims of domestic violence and hate crime, rough sleepers, people who misuse alcohol and substances, people with dementia, and people with disabilities
- Getting more people to use parks, libraries and cultural facilities.

Does, or could, your organisation deliver any of these activities?

2010: PREVENTION SERVICES FUNDED IN HACKNEY

- Exercise & wellbeing sessions
- Health trainers 1-1 support and signposting
- Healthy, Happy in Hackney - offering 1-1 support & bespoke purchasing services for people
- The Stroke Project
- Floating support
- Luncheon Clubs
- The Stop Falls project